

Date	Event Name	Start	End	Location	Description
Mon 11/14/2022	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room OLD #144 BHS Weight Room NEW #145	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM
Mon 11/14/2022	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Tue 11/15/2022	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM
Tue 11/15/2022	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Wed 11/16/2022	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Thu 11/17/2022	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM
Thu 11/17/2022	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Fri 11/18/2022	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Sat 11/19/2022	BHS Wrestling: Boys & Girls Practice	10:00 am	3:00 pm	BHS Wrestling/Fieldhouse	PRACTICE #1: 10:00-NOON; PRACTICE #2: 1:00-3:00 PM
Mon 11/21/2022	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM
Mon 11/21/2022	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Tue 11/22/2022	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM
Tue 11/22/2022	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Wed 11/23/2022	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	

Date	Event Name	Start	End	Location	Description
Thu 11/24/2022	BHS Wrestling: Boys & Girls Strength & Conditioning (Holiday Schedule)	8:30 am	9:30 am	BHS Weight Room OLD #144 BHS Weight Room NEW #145	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 10:00-11:30 AM
Thu 11/24/2022	BHS Wrestling: Boys & Girls Practice (Holiday schedule)	10:00 am	11:30 am	BHS Wrestling/Fieldhouse	
Fri 11/25/2022	BHS Wrestling: Boys & Girls Practice (Holiday schedule)	10:00 am	11:30 am	BHS Wrestling/Fieldhouse	
Sat 11/26/2022	BHS Wrestling: Boys & Girls Practice	10:00 am	3:00 pm	BHS Wrestling/Fieldhouse	
Mon 11/28/2022	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM
Mon 11/28/2022	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Wed 11/30/2022	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Thu 12/01/2022	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM
Thu 12/01/2022	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Fri 12/02/2022	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Mon 12/05/2022	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM
Mon 12/05/2022	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Tue 12/06/2022	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM
Tue 12/06/2022	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Wed 12/07/2022	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	

Date	Event Name	Start	End	Location	Description
Thu 12/08/2022	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM
Thu 12/08/2022	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Fri 12/09/2022	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Mon 12/12/2022	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM
Mon 12/12/2022	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Tue 12/13/2022	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM
Tue 12/13/2022	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Wed 12/14/2022	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Thu 12/15/2022	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM
Thu 12/15/2022	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Fri 12/16/2022	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Mon 12/19/2022	BHS Wrestling: Boys & Girls Strength & Conditioning (Winter Break)	8:30 am	9:30 am	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 10:00-11:30 AM
Mon 12/19/2022	BHS Wrestling: Boys & Girls Practice (Winter Break)	10:00 am	11:30 am	BHS Wrestling/Fieldhouse	STRENGTH & CONDITIONING PRACTICE IN THE WEIGHT ROOMS FROM 8:30-9:30 AM

Date	Event Name	Start	End	Location	Description
Tue 12/20/2022	BHS Wrestling: Boys & Girls Strength & Conditioning (Winter Break)	8:30 am	9:30 am	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 10:00-11:30 AM
Tue 12/20/2022	BHS Wrestling: Boys & Girls Practice (Winter Break)	10:00 am	11:30 am	BHS Wrestling/Fieldhouse	STRENGTH & CONDITIONING PRACTICE IN THE WEIGHT ROOMS FROM 8:30-9:30 AM
Wed 12/21/2022	BHS Wrestling: Boys & Girls Practice (Winter Break)	10:00 am	11:30 am	BHS Wrestling/Fieldhouse	
Mon 12/26/2022	BHS Wrestling: Boys & Girls Strength & Conditioning (Winter Break)	8:30 am	9:30 am	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 10:00-11:30 AM
Mon 12/26/2022	BHS Wrestling: Boys & Girls Practice (Winter Break)	10:00 am	11:30 am	BHS Wrestling/Fieldhouse	STRENGTH & CONDITIONING PRACTICE IN THE WEIGHT ROOMS FROM 8:30-9:30 AM
Tue 12/27/2022	BHS Wrestling: Boys & Girls Strength & Conditioning (Winter Break)	8:30 am	9:30 am	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 10:00-11:30 AM
Tue 12/27/2022	BHS Wrestling: Boys & Girls Practice (Winter Break)	10:00 am	11:30 am	BHS Wrestling/Fieldhouse	STRENGTH & CONDITIONING PRACTICE IN THE WEIGHT ROOMS FROM 8:30-9:30 AM
Wed 12/28/2022	BHS Wrestling: Boys & Girls Practice (Winter Break)	10:00 am	11:30 am	BHS Wrestling/Fieldhouse	
Thu 12/29/2022	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Fri 12/30/2022	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Mon 01/02/2023	BHS Wrestling: Boys & Girls Strength & Conditioning (Winter Break)	8:30 am	9:30 am	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will continue in the wrestling/fieldhouse from 10:00-11:30 AM
Mon 01/02/2023	BHS Wrestling: Boys & Girls Practice (Winter Break)	10:00 am	11:30 am	BHS Wrestling/Fieldhouse	

Date	Event Name	Start	End	Location	Description
Tue 01/03/2023	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM
Tue 01/03/2023	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Wed 01/04/2023	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Thu 01/05/2023	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM
Thu 01/05/2023	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Mon 01/09/2023	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM
Mon 01/09/2023	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Tue 01/10/2023	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM
Tue 01/10/2023	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Wed 01/11/2023	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Thu 01/12/2023	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM
Thu 01/12/2023	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Fri 01/13/2023	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Mon 01/16/2023	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM

Date	Event Name	Start	End	Location	Description
Mon 01/16/2023	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Tue 01/17/2023	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM
Tue 01/17/2023	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Thu 01/19/2023	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM
Thu 01/19/2023	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Fri 01/20/2023	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Mon 01/23/2023	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM
Mon 01/23/2023	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Tue 01/24/2023	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM
Tue 01/24/2023	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Thu 01/26/2023	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM
Thu 01/26/2023	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Fri 01/27/2023	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Mon 01/30/2023	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM

Date	Event Name	Start	End	Location	Description
Mon 01/30/2023	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Tue 01/31/2023	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM
Tue 01/31/2023	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Wed 02/01/2023	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Thu 02/02/2023	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM
Thu 02/02/2023	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Fri 02/03/2023	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Mon 02/06/2023	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM
Mon 02/06/2023	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Tue 02/07/2023	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM
Tue 02/07/2023	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Wed 02/08/2023	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Thu 02/09/2023	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM
Thu 02/09/2023	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Fri 02/10/2023	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	

Date	Event Name	Start	End	Location	Description
Mon 02/13/2023	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM
Mon 02/13/2023	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Tue 02/14/2023	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM
Tue 02/14/2023	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Wed 02/15/2023	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	
Thu 02/16/2023	BHS Wrestling: Boys & Girls Strength & Conditioning	2:30 pm	3:30 pm	BHS Weight Room NEW #145 BHS Weight Room OLD #144	Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM
Thu 02/16/2023	BHS Wrestling: Boys & Girls Practice	4:00 pm	5:30 pm	BHS Wrestling/Fieldhouse	